



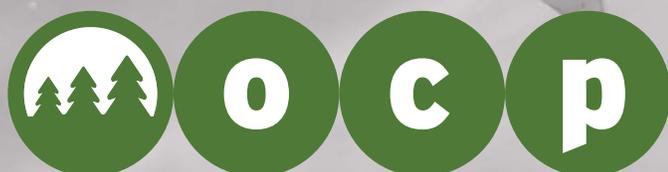
# 2025

# ANNUAL REPORT

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## OREGON COMMUNITY PROGRAMS

### Fostering Success In Families



**Oregon Community Programs**  
Outpatient Behavioral Health & Specialized Foster Care

# FROM OUR EXECUTIVE DIRECTOR:

*Ana Day*

As we reflect on another transformative year, I am filled with deep gratitude and pride for the for the children and families we serve, for our dedicated team, and for our visionary partners across Oregon. In every story of progress, healing, and resilience, there is a common thread: the unwavering presence and strength of parents, grandparents, kin, resource parents, treatment foster parents, and chosen family. At the heart of sustained improvement in children's behavioral health is the love, commitment, and courage of the adults who care for them.

This past year, U.S. Surgeon General Dr. Vivek Murthy issued a powerful call to action, declaring **parental stress a public health crisis**. That message struck a deep chord with our work at OCP. Every day, we see how the mental health of caregivers directly shapes the outcomes of the children in their lives. We also know that caregivers cannot pour from an empty cup. That's why we've expanded our support services, offering **accessible parenting groups online and in schools** across the region. These groups are designed to equip caregivers with tools, connection, and hope because we know healing is most enduring when families heal together.

Additionally, our outpatient teams have expanded critical access to Intensive In-Home Behavioral Health Treatment (IIBHT), which

**meets families where they are** to stabilize challenging behaviors, build connection and confidence between parents and children, and to **reduce family stress to allow healing and growth**.

In the past several years, our clinic proudly emerged as a **statewide leader in Behavioral Health Treatment Foster Care**. We've pioneered a one-stop, fully integrated model for youth with complex behavioral needs: placement, clinical treatment, and aftercare support are provided under one umbrella, reducing fragmentation and improving long-term outcomes. Children from across Oregon now have access to a system that prioritizes not just stabilization, but holistic, enduring well-being.

Our impact is grounded in **proven, researched practices** that we know help adults in becoming the stable, confident, and nurturing caregivers they've always wanted to be, all while helping kids regulate emotions, reconnect with family, and re-engage in school and community life.

As we look to the year ahead, we do so with a renewed sense of purpose. We are not just responding to a crisis; we are shaping the solutions. Thank you for believing in this mission and walking alongside us in building a healthier future for Oregon's children and families.

With gratitude,  
**Ana Day, LMFT**



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## Board of Directors

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In 2025, OCP celebrated the retirement of **Bob Van Iderstine** from the OCP Board of Directors. In his long history as a probation officer for the Oregon Youth Authority, Bob is a founding member of the Treatment Foster Care Oregon program at OCP. Thank you, Bob, for your many years of humble service in many roles as one of the greatest friends of OCP.

# WHO WE SERVE *at a glance*

Our clients represent a wide range of ages, with nearly one-quarter under the age of six; **a population rarely reached by evidence-based care.**

Nearly 1 in 5 of the youth we serve are in foster care, and over 90% rely on Medicaid.

We serve diverse youth and families, with many identifying as multiracial or other.



<b>348</b>	+	<b>157</b>	=	<b>500+</b>
YOUTH SERVED		CAREGIVERS SERVED		CLIENTS IMPACTED

*Youth Ages:*

- 0-3 yrs: 7%
- 3-6 yrs: 33%
- 7-12 yrs: 35%
- 13-18 yrs: 25%
- 18+ yrs: <1%

### RACE & ETHNICITY DEMOGRAPHICS:

- About half of our clients identified as White.
- 20% identified as another single race.
- 13% total identified as Hispanic/Latino.
- 8% identified as multiracial.
- Small numbers (3% or less each) identified as Black, American Indian, Asian, Native Hawaiian/Pacific Islander, or Alaska Native.
- About half reported not Hispanic origin.

 **67 youth** were in foster care while they were being served by OCP.

 **38 youth** were enrolled in OCP's specialized Treatment Foster Care services.

***At OCP, we serve children and families across the spectrum; from toddlers to teens, from biological parents to foster caregivers; all working toward stability, healing, and connection.***

# MATCHING SERVICES TO NEEDS

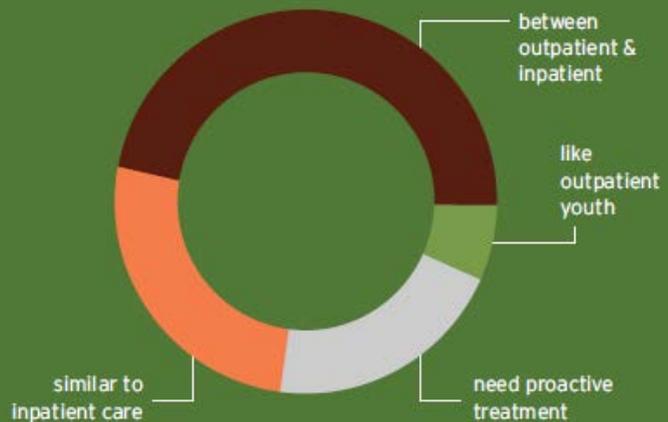
Youth come to ocp for a range of presenting issues, but we emphasize treatment for youth experiencing significant challenges.

## HOW DO WE MATCH YOUTH TO SERVICES?

When youth first come to OCP, their caregivers complete a standardized checklist about behavior and emotions, called the Child Behavior Checklist (CBCL). These scores show whether youth are in the normal, borderline, or clinical range compared to most children their age.

## WHEN COMPARED TO NATIONAL AVERAGES, OCP YOUTH SHOWED:

- 25.6% scored at levels similar to inpatient care
- 47.4% scored between outpatient and inpatient levels
- 6.4% scored like outpatient youth
- 20.5% demonstrated a need for proactive treatment



## WHAT THIS MEANS

A quarter of youth enrolled in OCP's outpatient programs present with needs similar to those seen in inpatient facilities. Yet, instead of being placed in costly, restrictive environments, they receive effective care in their own community.



***We were getting ready for our daughter to be placed out of our home because nothing else we tried was working. It was terrifying... OCP figured out what she actually needed, and it finally helped. We got to keep her home with us.***

# FINANCIAL OVERVIEW

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OCP provides proven therapeutic and parenting support services to children and families across Lane County. While funded by a combination of grants, contracts, and service delivery, our programs are heavily reliant on Medicaid funding as operated through the State of Oregon. Recent changes to the federal landscape will deeply affect OCP's ability to continue offering our array of proven and cost-effective services. As families across Oregon lose OHP, we are committed to continuing to meet the needs of these families through offering free or low-cost parenting support groups, as well as making our proven services more available to families with commercial insurance. Building this infrastructure is a leap for OCP, but necessary in light of nationwide funding changes.

## Fiscal Year 2024 Financial Report

### REVENUE SOURCES:

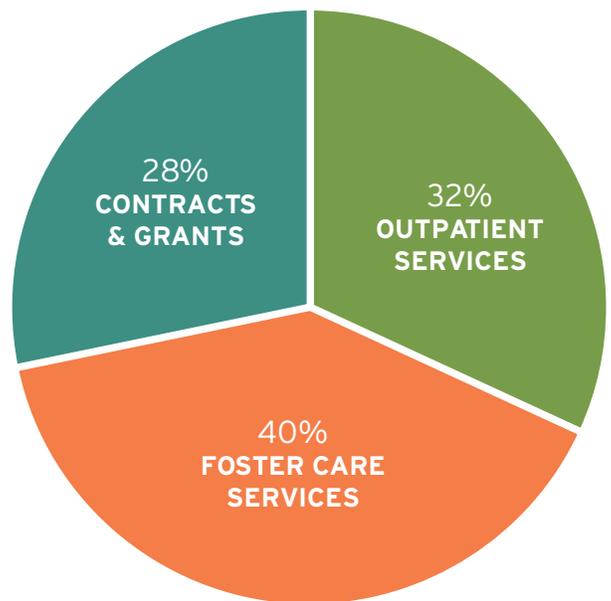
Outpatient Services	\$2,471,354
Foster Care Services	\$3,112,296
Grants & Contracts	\$2,195,397
<b>Total Operational Revenue</b>	<b>\$7,779,047</b>

### EXPENSES:

Program Services	\$5,973,850
Administrative	\$315,667
<b>Total Expenses</b>	<b>\$6,289,517</b>

### NET ASSEST RELEASED FROM RESTRCTIONS:

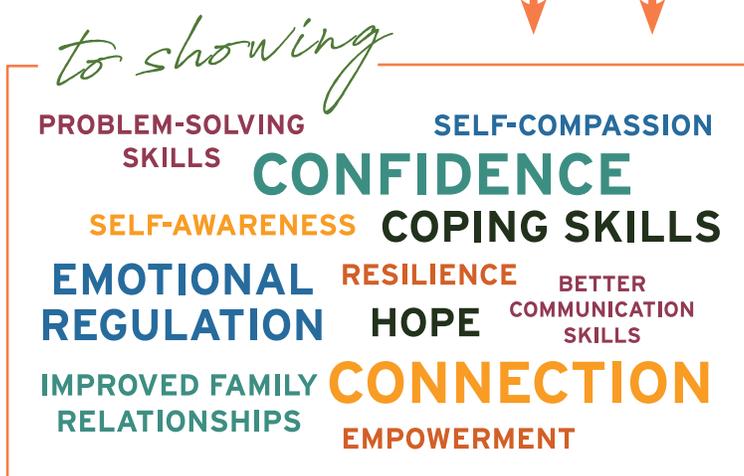
Releases from Multi-Year Grants	\$81,909
Releases from Contributions	\$603
<b>Total Expenses</b>	<b>\$82,512</b>



Independent audit by Mueller, Yuva, Osterman, Rasmusson LLP.

Check page 9 to learn more about how you can make a financial contribution to help maintain these low cost services for families.

**With support from OCP, our families report they often go from:**



**PARENTS AS PARTNERS IN TREATMENT**

Our interventions embrace the belief that parents are children’s best teachers. Parents are active participants in their child’s treatment, practicing new strategies alongside OCP clinicians and group leaders. This collaboration ensures that children sustain positive change and that families grow stronger together.

*Client*  
**SUCCESS STORY**

When three young siblings entered foster care after a disruption in their biological home, they carried the weight of trauma and fear. At just three and four years old, two of the children were showing severe behaviors such as aggression, defiance, and sexualized behaviors that left their brand-new foster parents facing daily crises. Though inexperienced, these caregivers were determined to help and leaned fully into OCP’s Early Intervention Foster Care program for guidance.

With intensive wraparound support, the family found their footing. Clinical staff and peer foster parents surrounded them with encouragement and strategies, while weekly therapy and coaching helped the foster mother gain confidence in responding to challenging behaviors. The children were enrolled in therapeutic playgroups and individual counseling, giving them space to practice healthy social skills, manage big emotions, and begin healing from trauma.

As stability grew, the family was able to participate in Parent/Child Interaction Therapy, strengthening attachment and trust while reducing anxiety and fear. Slowly, the chaos gave way to connection. Today, the children are thriving. The oldest just started kindergarten and is already excelling, and their caregivers feel prepared to provide the love and stability needed for a permanent home.

***From daily crises to kindergarten success, these siblings are now thriving thanks to intensive support.***

# 2025 HIGHLIGHTS

## Expansion of Treatment Foster Care:

As a statewide leader in treatment foster care, OCP was awarded funding in late 2024 to expand our treatment foster care program and to recruit even more loving and committed treatment foster parents to create homes for healing. As a result, OCP has more than a dozen new homes ready to accept a child into their lives or to provide a weekend break to our treatment families!

## Affirming Foster Care:

This year, we proudly launched QUEST: Queer, Unity, Equity, Safety, and Trust In its first year, we built the foundations for long-term success, launching the first treatment foster care program in Oregon designed specifically to serve LGBTQIA+ youth. This work included hiring a diverse team, developing culturally responsive materials, and partnering with OLCC and TFCO to ensure that QUEST reflects both best practices and the voices of the LGBTQIA+ community.

## Parenting Groups in Schools:

Through generous funding from Lane Health Council and the Oregon Health Authority, OCP was able to host in-person parenting groups at 3 local schools. With dinner and childcare provided, parents were able to support one another and learn new skills to improve the quality of their relationships and reduce stress in the home.



## Outpatient IIBHT

Families receive a minimum of 2 hours of services per week. Therapists work closely with caregivers, providing weekly parent management training, crisis response as needed, and interventions aligned with the child's treatment plan. Youth and families may also access Skills Training, Individual Therapy, Medication Management, and Peer Support. IIBHT helps prevent costly residential placements and equips youth with skills to succeed at home.

## Family Oriented Care for Urgent Support (FOCUS)

FOCUS offers the same supports as IIBHT but typically provides 4 or more hours of services per week. Youth in FOCUS often have a history of hospitalizations or residential treatment episodes and present with clinical needs similar to those in more restrictive settings. Once stabilized, families can step down to Outpatient IIBHT for continued support.

# THANK YOU TO OUR GRANT FUNDERS

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Lane Community  
Health Council



Oregon Department of  
Early Learning and Care



PacificSource



MILLSDAVIS FOUNDATION

## CONSIDER SUPPORTING OCP!

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Your gift directly impacts children and families in Lane County by providing evidence-based treatment, in-home support, and foster care services that prevent costly institutional placements. Every dollar helps keep kids safe, connected, and thriving in their communities.

To learn more or make a contribution, visit [oregoncommunityprograms.org/donate](https://oregoncommunityprograms.org/donate) or email [getinvolved@oregoncp.org](mailto:getinvolved@oregoncp.org).

OCP is a 501(c)(3) nonprofit organization, EIN 93-1205832.





## OREGON COMMUNITY PROGRAMS

### CONNECT WITH US!

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 Oregon Community Programs - OCP

 [fosteringsuccessinfamilies](https://www.instagram.com/fosteringsuccessinfamilies)