



Oregon Community Programs

Outpatient Programs After-Hour & Weekend Support

Our staff are here to support you, and do our very best to respond to your needs when in crisis. We encourage you to call as soon as problem behaviors start and you'd like support. We want to catch problems early and help your child calm down and start to cooperate at the first sign of trouble.

IF YOU NEED SUPPORT FOR YOUR CHILD NOW:

During business hours (Monday-Friday 9 am-6 pm):

- 1. First text/call your family therapist.** Leave a detailed message about the nature of your problem and the best number to reach you. Your family therapist may be in an appointment or out of the office. If you do not hear back within 30 minutes and you would still like support, proceed to step 2.
- 2. Contact OCP reception at 541-743-4340 and ask to be connected with an Outpatient Supervisor.** Our reception staff may ask you for the name of your child or a brief description of the nature of the problem so they can connect you with the appropriate staff member.

Outside of business hours (6 pm-9 am daily + weekends and holidays):

- 1. Call Outpatient After-Hours Support Line at 541-246-2400.**
Press 1 if enrolled in **Connections** program (your child is 6 years or older)
Press 2 if enrolled in **IIBHT** program
Press 3 if enrolled in **Early Childhood** program (PCIT/ EIFC/ your child is 5 or younger)

Leave a brief message about the nature of your crisis and a number to reach you. The on-call therapist will call you back. After hours calls are to manage specific situations and will be targeted to problem solve quickly. More time will be devoted to the situation during your next scheduled Family Therapy session.

Lane County Resource List

Crisis Services & Supports

Youth Crisis Response Team (CRT)	Support to help parents, foster parents, and other caregivers when their child is experiencing a mental health crisis. 24/7/365. <ul style="list-style-type: none"> • Families are asked first to contact OCP Program Supervisor or Connections after-hours crisis line. 	1-888-989-9990
National Suicide Prevention Lifeline	24-7, free and confidential support for people in distress, prevention and crisis resources.	(800) 273-8255 (toll free)
Station 7	Emergency shelter, family reconciliation and 24-hour crisis hotline for runaway and homeless youth, ages 11-17	(541) 689-3111
Trevor Life Line	Crisis intervention and suicide prevention services to LGBTQ+ young people under 25.	Call (866) 488-7386 Text START to 678678.
Sexual Assault Support Services (SASS)	Support for survivors of sexual violence and their families	1-844-404-7700 (toll-free) 541-343-7277
Hourglass Community Crisis Center	Adults in need of short-term, mental health crisis assessment and stabilization. 24-7	(541) 505-8426
Womenspace	Support for survivors of intimate partner violence	1-800-281-2800 (toll-free) 541-485-6513
White Bird Crisis Services	24-7 Crisis intervention, referrals to local resources, and after-hours point of contact for local youth experiencing homelessness	1-800-422-7558 (toll free) 541-687-4000

Substance Use

Emergence Addiction and Behavioral Therapies: 1461 Oak St Eugene, OR 97401 (541) 344-2237 (Eugene) - 541-687-9141 (Springfield) - 541-746-4041 Drug Court - 541-342-6987

Looking Glass Adolescent Recovery Program: 20 E 13th Ave Eugene, OR 97401 (541) 485-8448

Center for Family Development: 261 E 12th Ave., Eugene 97401 (541)-342-8437

Adolescent and Family Services (contingency management):

CLA location- (541) 687-2667, OSLC location -541-284-7560

Al-Anon & Alateen: 541-741-2841

Adult Counseling Services

Options Counseling Services	(541) 687-6983
Sexual Assault Support Services (SASS)	(541) 484-9791
Center for Family Development	(541) 342-8437
Lane County Behavioral Health	(541) 682-3608
Center for Community Counseling	(541) 344-0620
HEDCO Clinic at University of Oregon	(541) 346-0923
Christians as Family Advocates- CAFA	(541) 686-6000
Centro Latino	(541) 687-2667

Housing

Housing Authority & Community Services Agency (HACSA:) 541-682-3755 /541-682-4090

Egan Warming Centers: <http://eganwarmingcenter.com/hostsites.html>

Eugene Mission: 1542 W 1st Ave. Eugene, OR 97402 (541) 344-3251

St. Vincent de Paul: (541) 687-5820

Hosea Youth Services: (541) 344-5583

Department of Human Services

Human Services Department: 2885 Chad Dr Eugene (541) 687-7373

Senior and Disabled Services: 1015 Willamette St, Eugene (541) 682-4038

Human Services Commission: 125 E 8th Ave, Eugene (541) 682-3798

Child protective services through DHS:

Adult and Family Services: 2101 W 11th Ave, Eugene (541) 686-7722

Adult and Family Services: 2885 Chad Dr., Eugene (541) 686-7878

Department of Human Services: 1899 Willamette St Eugene (541) 686-7557

Tobacco & Gambling Addictions

Meridian/Emergency Addiction and Behavior Therapies: 1040 Oak St, Eugene (541) 342-6987

Oregon Quit Line 1-800-QUIT-NOW (1-800-784-8669), Spanish (1-800-266-3863)

Prevention Lane: www.Preventionlane.org/tobacco.htm

Oregon Problem Gambling Helpline: 877-MYLIMIT (877-695-4648)

Looking Glass Youth & Family Services: 72 B Centennial Loop, Suite#2, Eugene, (541) 686-2688